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## Club Christmas Party

**Sunday, 9 December  
from 5.30 pm at the Club**

Put this date in your diary now and plan to come along for a fun end of year get together at the Club. Food and drink will be included in the price, around \$25-30. Bring your family; family tickets will be available.

Take this opportunity to catch up with old friends who you only see passing on the river or at the pontoon.

Make new friends and meet some of our new Committee Members.

Further details will come in the next week..

Contacts:

Helen Ritchie  
([hritchie@bigpond.net.au](mailto:hritchie@bigpond.net.au))  
Jacqui Wilkinson  
([wilkinj@bigpond.net.au](mailto:wilkinj@bigpond.net.au))  
Cate Brown  
([c\\_e\\_gregan@iinet.net.au](mailto:c_e_gregan@iinet.net.au)).

*Annual membership fees* are now overdue. If you haven't yet paid your fee, you cannot use Club equipment and your entry card will be deactivated. Contact Jan Clarke, [mooneymooneylooney@yahoo.com](mailto:mooneymooneylooney@yahoo.com) .au if you need another invoice.

## The Pointless Exercise! Monthly Club Row

Starting in December, a monthly club row will be held at 7am on one Sunday morning every month. The row will take the form of a handicapped race from "the wires" to the finish post opposite the Club. The slowest crews/smaller boats will be set off first and the larger boats/faster crews will go last. Handicaps will be based on the NSWRA grade scores.

No times will be taken for the race – the winner is the first crew over the line. AND there are no points for winning ...which is why it's called the North Shore Pointless Exercise! It's exercise but there are no points for winning. It's all just for the fun! You can enter either as a crew or an individual, in which case the Boat Committee will put together crews, mixing experience levels and boat types (sweep and scull, all boat sizes). To enter e-mail details to [nsrc.pointless.exercise@gmail.com](mailto:nsrc.pointless.exercise@gmail.com) by 8pm on the Wednesday prior to the monthly race:

- Your name
- Crew or individual (if crew, only one email with all crew's names so the handicap can be calculated)
- Scull or sweep (if sweep, preferred side)

The Boat Committee will put together crews and assign boats for the Sunday race.

## The inaugural Pointless Exercise will be 7am Sunday, 9 December .

Following the race, tea, coffee and toast will be available at the Club, so please feel free to stay around and tell everyone how well your crew rowed!

Full details of The Pointless Exercise will be posted on the notice board at the Club, but if you have any questions, send me an email to the above address.

*Tamsin Brew, Vice Captain*

## Final Report from 2007 Corporate Regatta

Here are the outcomes of this year's Corporate Regatta from my point of view (and a few other Organising Committee Members).

- A successful event that gave a positive image of rowing in general and the Club in particular to 60 new or near new rowers. We requested feedback from all the crews as we do each year and the replies pronounced it "brilliant", "great fun", "don't change a thing" or similar positive comments.
- Successful dinner that had a great feel about it and crew members who were obviously enjoying themselves; a good hum in the room. Great skits, too.
- A successful regatta day that also had a good hum about it and everyone appeared to enjoy.
- Jim Johnson, the Head of the Roseville Parents Committee, thought it was useful for the parents to have the opportunity to learn to row and can better appreciate what their daughters are experiencing; he also thinks it was a great family event – he had his whole family in his crew and the other crew had a father/daughter combination.
- Excellent working relationship with Roseville parents.
- Reasonable funds for the Club given the amount of effort involved – close to \$19,000 net.
- More club members involved in the major organising aspects.
- Large number of club members involved in helping out and sharing in the successful outcome – around 40 or 50.
- Larger number of crew members joining the Club than from previous corporate regattas.

*Linda McDonald  
CR Planning Coordinator*

## Captain's Report

Welcome to a new season and good luck. The season began early this year with the Corporate Regatta. I extend our appreciation on your behalf to the ladies of the Corporate Regatta Committee on a job well done. And I extend the appreciation of the Committee to all Club Members for assisting in the running of the Corporate Regatta. Thank you all. Once again favourable comments were received from the corporate crews on the helpful and friendly attitude of Club Members. Some corporate rowers have joined the club; please make them welcome.

We now turn our focus to the running of the Roseville and North Shore Regattas on 24 November. Those who have offered their services will be assigned tasks over the next few weeks. We still require volunteers to man/woman the tower and drive the umpires' boats. Please advise any committee member if you wish to assist. You must have a valid NSW Maritime Authority license to drive the boats. Just look at the experience you will gain! Once again we have asked Owen Nix to commentate at our Regatta and he has offered to assist, guide and encourage those who would like to have a go at commentating a race. Just front up to the tower on the day.

Some things to consider around the clubhouse:

### *Parking:*

When dropping off rowers please do not enter the car park as it is only a single lane road and manoeuvring in the crowded car park can delay your exit and impede those rowers and sailors wishing to park.

### *Theft:*

There are still reports of items being removed from the clubhouse. Please do not leave any valuables unattended in the clubhouse.

### *Security:*

The arsonist has been quiet of late and the Committee is following up on that issue. Let's not get complacent.

There are persons who just wander in to use the toilet facilities or are passing through with their dogs. You can assist by being vigilant and ensuring that the club is locked up when you leave, please remember to secure the clubhouse if using the beach for boating.

Rowers please have at least one key with you when you are on the water as you may find the club secured when you return. Please record any observations in the Day Book.

### *Boat Allocations:*

Once again the Boat Roster will be utilised during the week.

This is the large noticeboard to your right upon entering the club.

Boats will be allocated according to the following points system:

1. Regular crews.
2. Crew consists of all club members.
3. Crew is a racing crew.
4. Crew has a coach organised.
5. Crew has a coaching boat organised.

The allocation/booking will be, primarily, for the larger boats, 4+, 4X and 8+. Only the 8+'s can be booked on weekends. Please discuss any requirements with a member of the Boat Committee: (John James, John Pyle, Tamsin Brew or Bob Smith).

The boats are there to be shared and everyone has an equal opportunity. The Club has an active racing membership; please bear this in mind.

There are two categories of boat:

- **Restricted** - available for crews training for regattas and senior experienced crews
- **Unrestricted** - available for all, including novices and learn-to-row participants.

To book particular timeslots, apply to the Boat Committee: (John James, John Pyle, Tamsin Brew or Bob Smith) who can enter the reservation on the roster. If the boat is unclaimed by 15 minutes after the time reserved, it will be free for use by others. There are two time slots 05:30 to 07:00 and 07:00 to 08:30. Don't forget that most days also have an afternoon and, with the ad-

vent of daylight saving, consider an evening row (remember to carry requisite lights).

### *Day Book:*

Before going out, record the names of the crew and the boat in the Day Book. This is required by our insurance policy as well as ensuring you will be missed if you do not return.

### *Safety:*

**Lights** – Be aware that the Waterways Authority checks safety lights. Details of the appropriate lights are listed on the Notice Board. You must carry the appropriate lights when boating in the dark and you are responsible for the lights on the boat you are using. Carry water and sun protection.

### *Pontoon:*

Please minimise time on the pontoon to avoid congestion. Keep the pontoon clear of water bottles, shoes and other items to avoid falls and endeavour to fix up on the water.

### *Boating:*

Follow the diagram posted in the club for exiting from and returning to the pontoon.

Carry the boats with equal numbers on either side. If someone appears to be struggling, assist them. Put your boat in the water with the fin on your left and clear of the left side of the pontoon. Row on the correct side of the river; the shore should be closest to bow side. Boats and oars must be washed and dried before being put away in racks.

### *Coaching Boats:*

Drivers of motor boats must have a current NSW Maritime Authority license. We are implementing a whiteboard for coaching boats in the very near future. Megaphones may not be used on the river before 8.00am.

*John Pyle, Captain*

## President's Report

As you all know, the Club lost a valued member, and its Treasurer, when Graham Wood died last month. There were a dozen or more NSRC members at Graham's funeral, and we probably all took a deep breath when we saw his North Shore zootie lying over his coffin. It was a big funeral. Graham was obviously a popular man in many aspects of his life, not just in rowing.

Since then, Michael Giffney has taken on the Treasurer's role. Our thanks to him for this, as it's a job that needs special skills.

It's often said that voluntary clubs always end up relying on the same small group of members to get everything done. In the past month I posted 45 "thank you" letters to members who'd helped with the Corporate Regatta. That's about 30% of our total adult membership – and a pretty impressive show of how broad-based North Shore's membership involvement is at the moment.

And on the subject of involvement, North Shore is in the early stages of establishing reciprocal membership with Seta Rowing Club in Japan.

Seta is on Lake Biwa, Japan's largest inland lake, just near Kyoto. If both clubs come to an agreement, maybe a North Shore crew could compete in the Head of the Seta next year.

Equally involved in the club, but more unwelcome, is the resident possum, who's been setting off the alarm system several times a night – to the distress of both the committee members who take the security company's call in the middle of the night, and North Shore's closest neighbours. Could everyone make sure that nothing edible is left lying around the clubhouse. "Edible" includes apple cores, fruit peel, sweet wrappers, etc. And if anyone has any experience in getting rid of possums, please contact me.

Finally, thanks to Len Walter and Jim Hole, who fixed the roof over the coaches' room, speared by a branch in October's high winds, and the bargeboard from the front of the clubhouse. Also thanks to Laurie Ormerod for rescuing said bargeboard, and also liaising with the plumber so the women's changeroom is no longer awash.

*Sue Wannan, President*

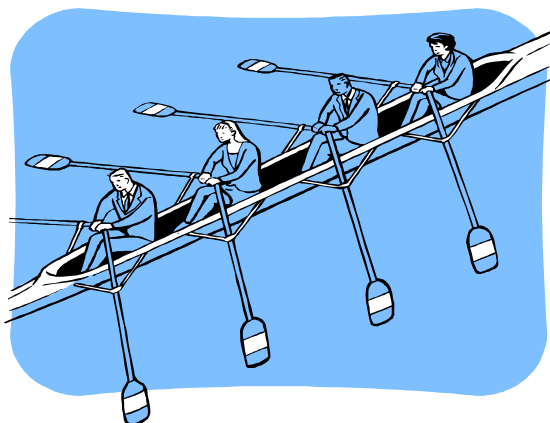
## Roseville Rowing

Training for the 2007/8 season is underway and the intermediate and senior crews have even had their first regatta. The squad is a similar size to last season and there are a number of new rowers with great potential so we should see another strong year with our junior crews.

On Saturday 10 November we took half the squad out to SIRC to compete in the Loreto Normanhurst regatta and had some solid results for our first regatta. Roseville's secret is that we don't overtrain during the winter months and leave the girls free to have fun with other school sports. Other schools start training very early and usually start with great purpose but our crews have a steeper learning curve during term 4 so that they are peaking at the Roseville regatta.

Even though in the past the senior crews have traditionally raced the Head of the Parramatta River, this weekend we have decided to take all crews to the Queenwood Regatta at Iron Cove. Also in a first for a number of years look out for the Roseville senior rowers racing in their North Shore club zooties at the North Shore Regatta. The girls are really looking forward to the blue and white.

*Stuart Halsall  
Rowing Coordinator & Head Coach*



*And we're looking forward to having the girls racing in North Shore colours.*

*Ed.*

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