

## ARDCAR SET

## INFO

The Ardcar set, a new 4 figure set has been designed by Dany Richard (Carquefou, France) and Ashley Ray (Ardglass, Northern Ireland). It was launched by Dany and Ashley at a workshop during the "Rencontres de Danse Irlandaise de Bretagne" weekend on May 24th 2015 at Piriac-sur-Mer.

Whilst the structure was inspired by the Merchant Set, it also attempts to say a "thank you" to the French. It was the French quadrilles that inspired Irish sets and now the Ardcar tries, in a small way, to repay the debt as it includes movements taken from French bal folk dances, with bouree movements in the second figure and scottische movements in the third figure. The final figure is a waltz, which is not common in existing sets.

## ARDCAR SET

## FIGURE 1

*Reels: 168 Bars*

- 16 *All:* (↓RH~RH) Lead around one place + RH turn Lady/Ptnr under c/w – repeat 3 more times  
8 *Ptnrs:* Swing (waltz hold)

### Figure

- 8 *1st Tops:* House inside
- 4 *All (no hands):* Advance & retire once  
4 *Gents–face left:* Dance left outside 1 place & face new Ptnr  
*Ladies:* Advance & retire at home (turning to face new Ptnr)
- 8 *New Ptnrs:* Dance at home [6B] + Turn Ladies under joined hands moving left one place (*Ladies:* RH turning c/w / *Gents:* LH)
- 8 *Original Ptnrs (one place left):* Swing
- 32 **Repeat Figure**  
*New Couple in 1st Tops:*  
House inside  
Adv & retire + *Ladies:* Adv & retire | *Gents:* Move left & turn  
Dance at home + Ladies turn on left  
Swing
- 32x2 **Repeat Figure** – twice more for new couples
- 8 *All:* House around

## ARDCAR SET

## FIGURE 2

*(Down) Jig: 128 Bars*

16 *Ptnrs*: Circle Advance & retire twice + Swing (waltz hold)

### Figure

8 *1st Tops*: House inside

4 *Ladies-face out*: Curve left outside the set to face next Gent  
[L.Shldr back-2B] & back [2B], while...

*Gents-face in*: Curve left inside the set to face next Lady  
[L.Shldr back-2B] & back [2B]

4 *All*: Turn single [L.Shldr back] to face same person [2B] +  
Turn single [R.Shldr back] on to next place [2B]

8 *New Ptnrs (Opp.)*: Swing

### 24 Repeat Figure

*New Couple in 1st Tops*:

House inside

Curve left & back + Curve left + Turn [R.Shldr back] to Ptnr  
Swing

24x2 *Repeat Figure* – twice more for new couples

8 *All*: House around

## ARDCAR SET

## FIGURE 3

*Hornpipes: 168 Bars*

16 *Ptnrs*: Back the Lady one place [2B] + House in place [2B]  
*Repeat* 3 more times to home

### Tops – Figure

8 *Tops*: House inside  $\frac{3}{4}$  to face Sides on the left

8 *Tops+Sides*: RH~Dance in place [2B] + Turn Lady under to change  
places [2B] +

*Ptnrs*: LH~Dance in place [2B] + Turn Lady under to change  
places [2B]

8 *Sides (in the centre)*: RH~Dance in place [2B] + Turn Lady under  
to change places [2B] +

*Ptnrs*: LH~Back the Lady out [2B] + Turn Lady under c/w to  
change places [2B]

8 *All*: Dance at home

### 32 Repeat Figure

8 *New Couple Tops*:

House inside  $\frac{3}{4}$  to face Sides places

4 *Opp*: RH~Dance in place + Turn Lady under

4 *Ptnrs*: LH~Dance in place + Turn lady under

4 *Tops (in the centre) w/ Opp*: RH~In place + Turn Lady under

4 *Ptnrs*: LH~Dance in place + Turn lady under

8 *All*: Dance at home

### 32 Repeat Figure – twice more for new couples

8 *All*: Dance in & back (Hop-in-2-3 and-back-2-3)[2B]  
Double in place [2B] + Dance in & back + Dance in place

8 *All*: House around

## ARDCAR SET

## FIGURE 4

*Waltz: 144+ Bars*

### Figure

- 8 *Ptnrs*: Circle Advance & retire twice
- 4 *Cnrs*: LH~Turn once around
- 4 *Ptnrs*: RH~Turn once around
  
- 8 *Ptnrs*: RH~Balance fwd & back + Turn Lady under to face next
- 8 *Cnrs*: LH~Balance fwd & back + Turn Lady under to face next
- 8 *Next Ptnrs*: RH~Balance & back + Turn Lady under to face next
- 8 *Next Cnrs*: LH~Balance fwd & back + Turn Lady under to face Ptr
  
- 8 *Ptnrs*: Slide in [2B] + Slide out [2B] + Dance once around [4B]
- 8 *Ptnrs*: Repeat – Slide in & back + Dance at home
  
- 64 *Repeat Figure*
  
- 8 *All*: Waltz around the set
- 8+ *All*: Waltz the hall