
A U S → S L O V E N I A → 2 0 0 5

T O U R N E W S

AUSTRALIA JUNIOR CANOE/KAYAKING SLALOM TEAM

RE: **Newsletter 2**
To: Selected Athletes, Parents and Support Crew
From: Geoff Jones , Team Manager
Date: Thursday , 12 May 2005



Tour News

Welcome to the second Newsletter for the Junior Tour. Well the preparation is well underway and I have finalised the itinerary for the tour, a couple of changes from the initial Itinerary that came out with Newsletter 1.

We have had one change to the team makeup with the withdrawal of Tiki Ewing due to University commitments in her medical course. Tiki is disappointed that she cannot make the tour and wishes all the team well.

Farrah Hilder will be taking the place of Tiki in the Team. Congratulations to Farrer on her selection.

Junior Team for Pre-Worlds Tour

Below are the basic contact details for each athlete.

| Name | State | Class | Phone | Email |
|--------------------|-------|-------|--------------|--|
| Ben Jones | NSW | K1 | 02 4751 3150 | slalom1@tpg.com.au |
| Phillip Gibbins | VIC | K1 | 03 9499 6714 | stubble_joe@hotmail.com |
| Phillip Mingerulli | VIC | K1 | 03 94597782 | prisoner_09@hotmail.com |
| David Llewellyn | NSW | K1 | 02 6554 0547 | gillian@midcoast.com.au |
| Emmie Barratt | NSW | K1W | 02 4739 2140 | emmie@smartchat.net.au |
| Kate Mollison | TAS | K1W | 03 6227 9487 | amolliso@bigpond.net.au |
| Rosalyn Lawrence | NSW | K1W | 02 6665 3114 | rozflop6@hotmail.com |
| Farrah Hilder | NSW | K1W | | fazier4@hotmail.com |
| Craig Borrows | NSW | C1 | 02 4739 5110 | acv@mountains.net.au |
| Robin Jeffery | WA | C1 | 08 9293 1909 | artgraph@inet.net.au |
| Jonathon Davis | NSW | C1 | 02 6554 5654 | jonos_wog_boy@hotmail.com |
| Jack Pead | VIC | C1 | 03 9499 5826 | jackpead@hotmail.com |
| Tim Feben | VIC | C2 | 03 9434 4296 | gfeben@bigpond.net.au |
| Tom Baker-Gabb | VIC | C2 | 03 9710 1245 | tonka_000@hotmail.com |

Support Team

The support team has been finalised with three coaches being selected to tour with the team. Welcome aboard to Jacqui Lawrence, Ben Parson and Justin Boocock. Contact details for the support team are:-

| | | | | |
|-----------------|--------------|-----|--------------------------------------|--|
| Geoff Jones | Team Manager | NSW | Hme:02 4751 3150 Mbl:0407 700 953 | Gjones1@tpg.com.au |
| Justin Boocock | Coach | TAS | | jboocock@fastmail.fm |
| Ben Parsons | Coach | VIC | | parsonsbem@yahoo.com.au |
| Jacqui Lawrence | Coach | NSW | | jjjacqui82@hotmail.com |

Tour Schedule

| | | | | | |
|------------|-----|---------------|------------------|-----|---|
| 16/06/2005 | Thu | Fly | Zurich | ZWI | Travel |
| 17/06/2005 | Fri | Drive | Augsburg | GER | Arrive at Zurich drive to Augsburg |
| 18/06/2005 | Sat | Train | Augsburg | GER | Training |
| 19/06/2005 | Sun | Train | Augsburg | GER | Training |
| 20/06/2005 | Mon | Train | Augsburg | AUS | Travelling |
| 21/06/2005 | Tue | Drive | Otez | AUS | Drive to Otez - River Paddle |
| 22/06/2005 | Wed | Train | Otez | AUS | Training |
| 23/06/2005 | Thu | Train | Otez | AUS | Recreational Paddle |
| 24/06/2005 | Fri | Drive | Bratislava | SLK | Drive to Bratislava |
| 25/06/2005 | Sat | Train | Bratislava | SLK | Training |
| 26/06/2005 | Sun | Train | Bratislava | SVK | Training |
| 27/06/2005 | Mon | Drive | Prage | CZE | Visit Vajda Factory - Drive to Prague |
| 28/06/2005 | Tue | Train | Prague | CZE | Training |
| 29/06/2005 | Wed | Train | Prague | CZE | Training |
| 30/06/2005 | Thu | Drive/Train | Ceske Budejovice | CZE | Travel/ Training on the Course |
| 1/07/2005 | Fri | Train | Ceske Budejovice | CZE | Training |
| 2/07/2005 | Sat | Compete | Ceske Budejovice | CZE | Competition |
| 3/07/2005 | Sun | Compete | Ceske Budejovice | CZE | Competition |
| 4/07/2005 | Mon | Drive | Solkan | SLO | Travel to Solkan Training Afternoon |
| 5/07/2005 | Tue | Train | Solkan | SLO | Training River Trip in the Soca Valley |
| 6/07/2005 | Wed | Train | Solkan | SLO | Training Afternoon |
| 7/07/2005 | Thu | Train | Solkan | SLO | Training |
| 8/07/2005 | Fri | Training | Solkan | SLO | Training |
| 9/07/2005 | Sat | Jnr Pre World | Solkan | SLO | Competition |
| 10/07/2005 | Sun | Jnr Pre World | Solkan | SLO | Competition |
| 11/07/2005 | Mon | Drive | Ljubljana | SLO | Drive to Ljubljana, Afternoon at Tarcen |
| 12/07/2005 | Tue | Drive | Zurich | SWI | Drive to Zurich |
| 13/07/2005 | Wed | Drive | Zurich | SWI | Fly Home to Aus |
| 14/07/2005 | Thu | | | | Arrive Home in AUS |

The tour schedule has been finalised. I am finalising the last of the accommodation over the next week or two. Below is the accommodation status:-

- Augsburg: 17/6 to 19/ 6: Accommodation at the BLZ near the course.
<http://www.kanustrecken.de/Strecken/Augsburg/augsburg.html>
- Otez: 21/6 to 23/6: Nature Resort: <http://www.nature-resort.at/>
- Bratislava: 24/6 to 26/6: Hotel Kormoran, 4 stars hotel : <http://www.hotelkormoran.sk>,
Situating 30 min. from Cunovo (Course).
Cunov : - <http://c1.playak.com/article.php?sid=221>
- Prague: 27/6 to 29/6: The Boat Shed at the Course: Troja <http://troja.kanoe.cz>
- Ceske Budejovice:
30/6 – 3/7: Accommodation to be confirmed
www.slalom.cz
- Solkan: 4/7 to 10/7 Accommodation booked. Near Slalom course at Solkan. Solkan
Is the oldest part of Nova Gorica to the north.
http://www.nova-gorica.com/karta_mesta/index.html
- Ljubljana: 11/7 Accommodation to be confirmed
- Zurich: 12/7 Accommodation to be confirmed

Junior Team Website

Thanks to Craig Borrows we have a great Website – Information will be updated on the site before we go away. All information and Newsletters can be found on the site. If you have any sponsors that have helped you get to Europe please let me know the details of the sponsor and a web link if they have a website.

The web address for our site is:- <http://users.tpg.com.au/jonesg1/>

Check it out and give some feed back.

Flights

All international Flights have been booked and confirmed. Connecting Domestic flights for Rosalyn and Kate are still to be organised.

Departing Australia

Victorian and Tassie Team members

Thursday 16th June; Flight MH 148 Departs Melbourne 15:00 and arrives Kaula Lumpur 21:10.

Western Australian Team Members

Thursday 16th June; Flight MH 124 Departs Perth 16:30 and arrives Kaula Lumpur 22:10.

NSW Team Members

Thursday 16th June; Flight MH 122 Departs Sydney 14:20 and arrives Kaula Lumpur 20:45

All Team Members

Thursday 16th June Flight MH 010: Departs Kaula Lumpur 23:45 Arrives Zurich 06:15 on 17th June

Returning to Australia – Depart Zurich on 13th July 2005

All Team Members

Wednesday 13th July; Flight MH009: DEP Zurich 12:50; Arrives Kuala Lumpur 06:45 14th

Victorian and Tassie Team members

Thursday 14th July; Flight MH129: Departs Kuala Lumpur 10:00; Arrives Melbourne 19:30

Western Australian Team Members

Thursday 14th July; Flight MH125: Departs Kuala Lumpur 9:40; Arrives Perth 15:00

NSW Team Members

Thursday 14th July; Flight MH141: Departs Kuala Lumpur 10:00; Arrives Sydney 19:50

Tour Cost

The second payment of \$2,000 was due on 29th April 2005 with the final payment of \$2,000 due on 31st May 2005

Things to do

- I need two passport sized photographs of yourself.
- Complete the Medical Information sheet attached with this newsletter.
- Read the Nutrition information attached with this Newsletter.
- Grab a “Lonely Planet” guide from the local library and look up some of the places countries and cities we a travelling to; Augsburg – Germany, Otež – Austria; Bratislava – Slovakia, Prague and Ceske Budejovice - Czech Republic, Solkan, Nova Gorica , and Ljubljana - Slovenia.
- I have supplied a ASDA (Australian Sport Drug Agency) Substance list with the newsletter – check on medication etc This was copied from the ASDA Website on 12/5/05. I have ordered a printed version for the Team while on Tour. If you have any doubts about any of the medications you are on, contact the ASDA Hotline **1800 020 506** or Australian Canoeing. The ASDA website: - <http://www.asda.org.au/> has a vast amount of information for athletes. Check out the Athlete resources page before you go overseas.

Athlete Resources page:- <http://www.asda.org.au/athletes/online.htm>

- See checklist below.

Personal Checklist

| To Do – Details | Done |
|---|-------------|
| I require 2 photocopies of your passport sent to me. | |
| I require 2 passport sized photos sent to me. | |
| Complete the Medical Information Sheet attached and send to me. | |
| Read the Nutrition information supplied | |
| | |
| Review the drugs in sport handbook supplied with the Newsletter. Check of the ASDA Website for more information.. If you have any doubts about any of the medications you are on contact Australian Canoeing or the ASDA Hotline. | |
| Obtain scripts if appropriate for medications you take | |
| Buy some small Aussie “bits & Pieces” to take and give as small gifts/thankyous | |
| | |

Address Details to send me information:-

Geoff Jones
6 Hunter Way
Faulconbridge NSW 2776

Regards

Geoff Jones
2005 Team Manager