



## Sailing Instructions

# Ladies' Race

From the 5 minute signal, to the finish, competing boats must have a female at the helm. It is perfectly acceptable for more than one female to take the helm during the course of the race.

**Start Time:** 1330 hours (DST) or  
*1230 hours in the unusual event that the race is held in Winter.*

**Start:** The race will be started from the Club House barge in accordance with Rule 8.7 of the Club Rules.

**Course:** The course to be sailed will be indicated on the day by a letter posted in the window of the Club House barge. Course details will be found on the HRYC website (click on "Race, Buoys and Courses" in the Quick Links column of the Home Page).

**Note:**

- 1) Rules 8.7, 8.8, 8.9, 8.10, 8.11, 8.12, and 8.13 of the Club Rules apply to these races (click on "Club Rules" in the Quick Links column of the Club's website home page)
- 2) All boats should record their elapsed times and transmit them to the Race Official. This can be done in person, by radio, a written note or mobile phone so long as the Race Official confirms receipt.

**Post Race:** Skippers, crew and friends are all welcome on the Clubhouse Barge after the race to socialize and hear the announcement of the results.