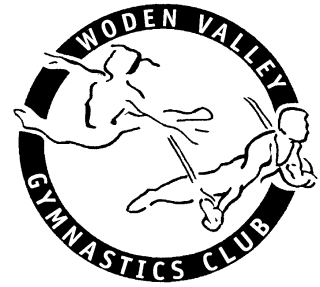


WODEN VALLEY GYMNASTICS CLUB NEWSLETTER - TERM 2 - 2009

Apr	Tue 28	Start of Term 2 for ALP and Recreational	
May	Sun 10	MG Levels 6 (U12) - 10 Selection Trial 1	WVGC
	Sun 10	WG Levels 4 - 10 Selection Trial 1	CCGC
	Sat 23	End of National Levels Term 2	
	Sun 24	Start of National Levels Term 3	
	Sun 24	MG Levels 6 (U12) - 10 Selection Trial 2	WVGC
	Sun 24	WG Levels 4 - 10 Selection Trial 2	SCGC
Jun	Sat 6	MG & WG Senior Nat Levels State Titles Day	AIS
	Sat 6	Hunter Invitational - Levels 2 - 6 (Open)	
	Sun 7	MG & WG Senior Nat levels State Titles Day 2	AIS
	Mon 8	Queen's Birthday Holiday	
	Sun 14	ACT Level 0 Judges Course	WVGC
	Sat/Sun	20/21 Sydney Invitational	NBG
	Sun 21	MG/WG/TRP ALP Levels 1 - 4 Competition	SCGC
	Sat 27	WG ACT Team Training	CCGC
	Sun 28	ACT MG Level 2 Judges Course	WVGC
Jul	Sat 4	End of Term 2 for ALP and Recreational	
	Sun 5	Sports Acro Invitational	



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TERM FEES
Must be paid by
week 3

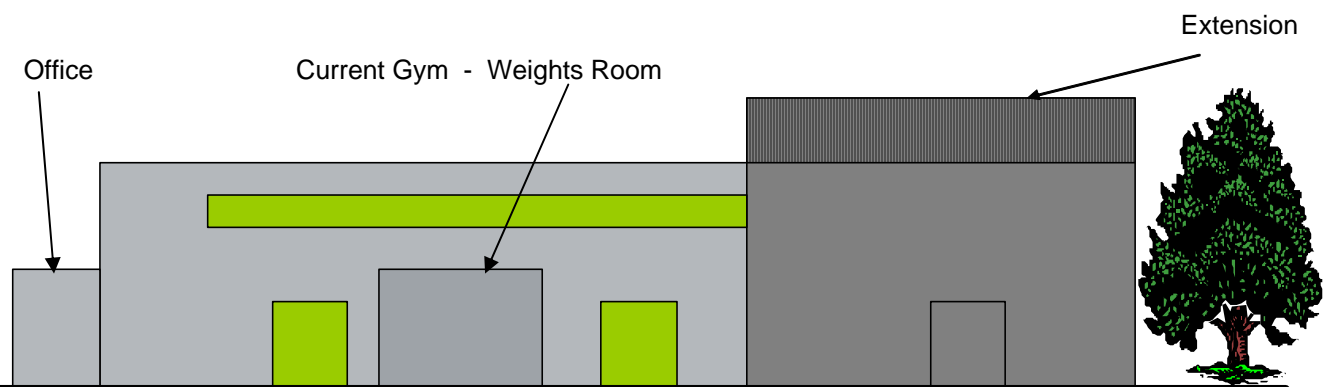
THE EXTENSION TO THE GYM IS NOW REALITY

On Saturday 2nd May, the Minister for Tourism, Sport and Recreation, Mr Andrew Barr, announced on Tim Gavel's ABC Grandstand program that the re-elected ACT Government in its May budget would honour its election promise to fund the extension of the Woden Valley Gymnastics Club.

The Club leases the Assembly Hall in the old Holder High School which is now the Grant Cameron Community Centre in Holder. Mr Barr indicated that the extension 18 m x 21 m to the rear of building would cost in the vicinity of \$550,000 and that the extension was to primarily provide pits to improve safe landings when learning release moves and the more difficult and complex skills required in high level men's and women's gymnastics. He also stated that there would be a further grant of \$100,000 to provide trampoline beds and foam in the pits as well as purchasing some new equipment to complete the outfit of the new complex.

Once completed, this extension will bring the Club to the same standard as the other major Clubs in Canberra and will provide vital sporting infrastructure to Weston Creek and the new suburbs in Molonglo.

OUR HEARTFELT THANKS TO THE ACT GOVERNMENT!!



Side Elevation from Access Road to the Montessori School

If you ever need an excellent plumber, please don't hesitate to call
ACTION PLUMBING on 6242 2626 or 0418630505

Support our Sponsors

We receive considerable support from our two prime sponsors **BING LEE BELCONNEN & REBEL SPORT**

The Manager of Bing Lee Belconnen, Mr Ricky Lai, provided our repay TV system that is a major help to gymnasts and coaches alike. He has stated that if you purchase items from his store and state that you are associated with this Club, you will get special treatment.

Remember also that if you produce your WVGC MVP card when you purchase items at any Rebel Sport Store and you will receive a 5% discount. We then get 5% of the purchase price to spend in the store. So far we have purchased new weights and stop watches with our percentage. Cards are readily available from our Front Office.

We now also have a Chinese Medicine Practitioner who is willing to provide the first two treatments free of charge. Dr Alex Perry has his clinic in Lyneham and if you see Bob or Quintin, they will give you an introductory card.

Fees

We still seem to be having problems convincing people that we are like any normal business and expect our fees to be paid on time. June has been instructed to impose the late fee on any fees that are not paid by Week 3 of the current Term. We are in Term 2 for ALP and Recreational gymnasts and about to start Term 3 for all National Levels gymnasts. It really would be appreciated if you would please finalise your accounts with us.

Kindergym

We currently only run Kindergym classes in the weekday mornings of Tuesday and Thursday. If you would like us to expand this to include Mondays, Wednesdays and Fridays, and you believe we can help fill a class of up to 8 children then please speak to either Quintin, Bob or June and we will do it! We already have a couple of people who are interested in attending on a Wednesday.

Competition Program

We are about to start our major competition season. All our senior National Levels girls and boys have Selection Trials for ACT representation coming up very soon. The boys will compete in the Australian MG National Championships to be conducted in Brisbane in early July, while the girls will travel to Perth at the same time to compete in the WG Australian National Championships.

ACT State Titles for both boys and girls will this year be conducted in the AIS Training Gymnasium (next to the swimming pool) on Saturday 6th and Sunday 7th June. All our senior boys and girls have to compete over two days so that they prepare properly for Nationals. Their competitions start at 1.30pm each day and everyone is welcome to come along and cheer - there is no charge!

GOOD LUCK TO ALL OUR GYMNASTS VYING FOR ACT SELECTION!

Our ALP and Recreational gymnasts also have their first competition for the year, on Sunday 21st June, down at Southern Canberra in Erindale. Make sure you put this in your diary so you don't forget.

New Website

Scott Barras, a parent of one of our Level 6 gymnasts, Alexander, has been working on up-dating our website: www.wodenvalley.net/ Our thanks to Scott. If you come in to the gym during the week, you will often see him sitting in the office at one of the computers, pulling his hair and cursing, as he continues working on it.

Fundraising and New Clothing Items

Our fundraising gurus, Alison Briggs and Natalie Tierney, pulling all sorts of things together to generate prizes for raffles, getting people to work on our Saturday barbeques, selling chocolates and now we have a whole range of clothing to outfit the best dressed gymnast:

- * Club Tracksuits: \$140.00.
- * Club Polo Shirts: \$27.50.
- * Polar Fleece Jumpers in either Red, Royal or Navy: \$42.00 (adult); \$38.00 (children).
- * Baseball caps in red, white and blue with the WVGC logo: \$19.00.
- * Navy blue bucket hats with the WVGC logo: \$15.00.
- * Navy blue shorts with the WVGC Logo: \$22.00 (adults); \$20.00 (children).

Items are available to all club members including parents.



NO NUTS AND NO SMOKING AREA!
Please remember we have children who are highly allergic to nuts so our GYM IS A PEANUT FREE ZONE as well as a NO SMOKING AREA!

