

# WODEN VALLEY GYMNASTICS CLUB NEWS LETTER 2ND TERM 2008

|              |         |   |      |
|--------------|---------|---|------|
| <b>April</b> | 28      | ALP Term 2 starts                           | FEES |
| <b>May</b>   | 3       | ACT MAG National Levels 6 - 9 Trial 1       | WVGC |
|              | 4       | Canberra City MAG Invitational              | CCGC |
|              | 16 - 18 | WAG Level 2 Judges Course                   | TBC  |
|              | 18      | ACT MAG National Levels 6 - 9 Trial 2       | WVGC |
|              | 21 - 25 | Australian Championships                    | Melb |
|              | 26      | National Levels Term 3 Starts               | FEES |
| <b>June</b>  | 1       | ACT WAG National Levels 4 – 10 Trial 1      | CCGC |
|              | 8       | ACT MAG National Levels 6 – 9 State Titles  | WVGC |
|              | 8       | ACT WAG National Levels 4 – 10 Trial 2      | SCGC |
|              | 22      | ACT WAG National Levels 4 – 10 State Titles | CCGC |
| <b>July</b>  | 5       | ALP Term 2 Finishes                         |      |
|              | 6 - 13  | National Levels Championships               | Bris |
|              | 21      | ALP Term 3 starts                           |      |



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## **TERM FEES**

**Must be paid by week 3**



## **Welcome to our new coach**

We are very pleased to welcome Yu Qiang (Chung), his wife, Ling Lin and their daughter Yu Qi Yun (Cheyun) to Canberra. Qiang was the Chinese National Junior Champion in 1986 and Senior Champion on Pommel in 1988 as well as representing China in a number of International events. He has coached both Olympic and World Champions as a coach at the Zhongshan Sports Academy in Guangdong, China. At Woden Valley, Qiang is responsible for coaching our Level 5 and 6 boys as well as being a mentor for all our young coaches. The family has settled into Canberra expressing their delight at its cleanliness and beauty. They have also expressed their thanks to everyone in the Club who assisted in establishing their home. If you see them in the gym, please make them welcome and don't be afraid to assist them with their English.

## **Competition Season**

We have already entered Competition Season with Mark Richardson qualifying to compete at Level 10 (Under 18) at the Australian Championships in Melbourne later this month. We wish him and his coach, Zou Li Min, good luck and hope that Mark can do the ACT proud.

Both our senior boys and girls are also finalising their preparation to qualify to compete at the National Levels Championships to be conducted in July in Brisbane. The boys have already had their First Trial with a number gaining qualifying scores. They have another Trial and State Titles yet to come while the girls commence their competitions in July.

Good Luck all of you!

## **Fees**

Our Recreation fees are due by week 3. Payments can be made to June by check, cash, Eftpos or credit card. Only credit card payments can be made over the phone. **WARNING** if you have not paid your fees by week 3 or **made other arrangements with June** you will be charged with a \$ 50.00 Late Fee.

## **Make Up Classes**

Just a reminder that if your child has missed a class or you know that they are going to miss one, please make arrangements with June for them to do a make up class. Public Holidays will be on April 8th and 9th. Any one who has classes on these dates can choose before or after these dates to do an extra lesson. Remember any lessons missed will not be refunded.

## HELPERS FOR BBQ

If you have a spare Saturday morning and are enthusiastic about supporting your gymnastics club we are looking for you!! We need people to volunteer their services on Saturday mornings to help raise much needed funding for our club. The monies raised goes towards new equipment, promotional material, supporting our gymnasts travelling interstate, and coach development. The more people who volunteer the less work everybody has to do. Speak to our office manager, June, and she will put you on the roster. Also we have chocolates for sale for all those people with a sweet tooth! Remember many hands make light work!

Even if your child does not attend classes on Saturday we would really appreciate your help and you'll get the satisfaction of knowing that you have contributed to a great cause and that this will benefit everyone. At the moment we have a great group of parents that have been helping but these guys need a break. Thank you to all those parents who have helped us in the past.

## 2008 Government Grant

This year we received a Government Grant for \$2,200 (having applied for over \$5,000). We have utilised this \$ for \$ funding to purchase a new Double Mini Trampoline (having sold the old one for \$500), a new Horizontal Bar for the boys and a replacement bar for the girls Uneven Bars.

We were hoping to get greater funding but that was not forth-coming so we have had to purchase the new stereo sound system (at a cost of \$6,000) on our own from within our fund-raising account. Fortunately we had sufficient funds so the girls are happy as they can actually hear their Floor music and the boys are happy as they can listen to all sorts of banging and gangling while they train.



## Property Group Maintenance

This year ACT Property Group has agreed to complete a fairly extensive maintenance program at the gym, including:

- \* Air conditioning in the front office;
- \* Putting extraction vents in the front office, the girls toilets, the boys toilets and the coaches' office;
- \* Replacing all the external wooden access doors; and
- \* Replacing two of the original heaters at the back of the gym.

This is the first and a welcome refurbishment of the gym which we have now been in for over 12 years and is probably a reflection of the increased rent that we now pay.

## Fans for Summer

Aside from this work, we have also been promised two more large fans to go in the training area to help move air during summer. This donation comes from Benmax Pty Ltd. Thank you very much for your support!

## Rebel Sport Promotion

We have been accepted as a member of the Rebel Sport Member Value Program. By using the cards available from the Club, this program allows **YOU** to purchase any full-priced item in any Rebel Sports Store at a **5%** discount. A further 5% of the purchase price will be credited to an account for the Club and will allow us to buy items directly with the credit. Effectively, this means that we can get items free of charge, such as weights, jogging trampolines, stop watches, fitness balls, exercise machines, weight benches and even clothing to use as prizes in raffles.

**PLEASE TAKE A CARD OR TWO (GIVE THEM TO YOUR FRIENDS),  
SHOP AT REBEL SPORT AND GET 5% DISCOUNT  
AND  
FUND RAISE FOR THE CLUB!**



Action  
Plumbing  
0418630505



**NO NUTS !**  
**Please remember  
our Gym is a  
peanut free zone!**



**Gymnastics**  
Australian Capital Territory