



Gymnastics
Australia

2009
AUSTRALIAN
GYMNASTICS
CHAMPIONSHIPS

Challenge Stadium
PERTH, WA

BULLETIN 1



Australian Government
Australian Sports Commission

CHAMPIONSHIP PROGRAM

Competition Dates:

WAG 8 – 14 July 2009

Draft schedule of the competition sessions is attached for your information. This schedule may be altered once provisional entries have been received.

Venue:

Challenge Stadium
Stephenson Ave
Mt Claremont WA 6010

Training:

A draft training schedule will be available on the Events Intranet.

Training Venue: Challenge Stadium
 Stephenson Ave
 Mt Claremont WA 6010

GENERAL INFORMATION

- | | | | | |
|----|--------------|-------------|---------|-----------------|
| 1. | ENTRY FEES - | Provisional | \$20.00 | PER COMPETITOR* |
| | | Definitive | \$78.00 | PER COMPETITOR* |

* The Entry Fee does not include the Official Function costs.

Any Gymnast that is entered and not included in the provisional entry numbers is required to pay the full entry fee of \$98.00.

Cheques for definitive entries only are to be made payable to the GA and sent to the Federation as per the guidelines of the National Event Policy (see attached).

All Entry fees are GST inclusive

2. ENTRIES

Closing Date:	Provisional	6 th May 2009
	Definitive	3 rd June 2009

The gymnasts are to be entered in the following divisions:

WAG

Senior International
Junior International
IDP Level 10
IDP Level 8
IDP Level 6
Level 10
Level 9
Level 8
Level 7

All entries are to be forwarded by iMIS Database.

3. COMPETITION RULES

Refer to **Part B** of the **Women's Technical Regulations** for more information.

Additional rules attached: 2009 Australian Elite Championships Qualifying Scores and Specifications

4. MEDICAL CLEARANCE

State Associations, by entering athletes into this event, are declaring that all athletes nominated are fit and in good health to compete.

Regulations regarding athletes withdrawn due to injury are available in "point 6" of the "National Event Entry Policy" attached to this bulletin.

5. FLOOR MUSIC REQUIREMENTS

All floor music for the 2009 Australian Women's Gymnastics Championships should be provided by email with definitive entries (3rd June 2009).

Send music files to events@gymnastics.org.au

Music format: **WAV file** is preferred

Or,

MP3 file at 320Kbps. File must be unprotected (No DRM)

Note: MP4 file is not usable

File must be named as follows: name_surname_State_Level

Coaches must still provide a CD backup of the floor music at event time. Backup music CD's must not be on CD-RW

6. EVENT T-SHIRTS

This year T-shirts will be available by pre-order. Only a small amount of t-shirts will be made available for sale at the venue. Order forms will be included in Bulletin 2. Cost of the t-shirts will be \$22.00 each.



Gymnastics
Australia

NATIONAL EVENT ENTRY POLICY

Policy Name: National Event Entry Policy

Date of Approval: December 2000

Policy Coverage: Events

Date of Review: July 2006

1. STATEMENT OF COMMITMENT

Gymnastics Australia is responsible for staging national events throughout Australia. Accordingly, the following GA National Event Entry policy has been adopted to ensure that all entries submitted for these events are governed by consistent rules and procedures.

Gymnastics Australia must ensure that the entries submitted for all national events follow the procedures set out in this policy document.

2. POLICY APPLICATION

This Policy applies to all national events staged by Gymnastics Australia regardless of the Gymsport or level of athlete involved, or the location and timing of the event. Adoption of this policy will ensure a consistent entry process at all national events.

3. POLICY COVERAGE

All entries submitted by State Associations and clubs for national events must adhere to this policy and no extensions of time will be granted for entries.

4. PROVISIONAL ENTRIES

- a) Entries plus non-refundable provisional entry deposits are due on the designated date set by the GA. This is normally 8 weeks prior to an event.
- b) The provisional entries are to be a realistic estimate of State/Club entries to the event.

Payment of all provisional entry deposits must accompany the provisional entries. In the case of electronic entries, payments must be made within 2 working days.

5. DEFINITIVE ENTRIES

- a) Entries are due on the designated date set by the GA. This is normally 4 weeks prior to an event.
- b) Entries will be reconfirmed by GA with State/Club within two(2) working days after the close of definitive entries
- c) Entries received after this day will incur a late entry fee of 50% of the total entry fee.
- d) Late entries will only be accepted until the close of business(EST) five working days after the designated definitive entry date, provided that there is an ability for the late entries to be incorporated into the existing event program.
- e) If an entry is accepted by GA under special circumstances after the five working days following the close of entries, an additional \$300 fee per athlete for the following gymsports; artistic, rhythmic, trampoline sports and individual sport aerobics competition categories. This is in addition to the 50% late entry fee.

- f) For Group/Team events only in Sport Acrobatics, Sport Aerobics, Cheerleading and General Gym events as defined by the competition rules, if an entry is accepted by GA under special circumstances after the five working days following the close of entries, an additional \$300 fee per Group/Team in addition to the 50% late fee per athlete.
- g) Where multiple division entry by an individual athlete is allowed, the late entry fees as above will apply should an athlete be entered into an additional division after the close of entries.
- h) Entries will be accepted by electronic means or on the Official GA Entry form.
- i) Payment of all entry fees must accompany the definitive entries. In the case of electronic entries, payments must be made within 2 working days.

6. WITHDRAWALS

- a. NO REFUND of the entry fee will be given to any withdrawals after the close of definitive entries.
- b. In the case of withdrawals supported by a medical certificate, refunds will be given minus an administrative fee of 20%.
- c. Within Sport Aerobics, Sport Acrobatics, Cheerleading and General Gymnastics Group/Team events, Group/team member(s) can only be replaced when supported by a medical certificate and that the new group/team has qualified where qualification scores are required to enter National events.
- d. In the case when competition rules restrict the number of entrants, individuals and/or Groups/Teams can only be replaced when supported by a medical certificate(s) by athletes/groups that have been listed as reserves with definitive entries.

7. ENTRY FEES

- a) Entry fees for all National Championships, National Clubs and other national sanctioned events will be decided by the 30th June each year for the next calendar year.
- b) Provisional entry deposit payments for each event will be advised in the first official bulletin for the respective event.

8. REFUNDS

- a) Any request for refund of entry fees must be submitted to Gymnastics Australia within 2 months from the completion of the event with appropriate documentation attached. NO REFUNDS will be given after this date regardless of reasons.

9. APPEALS AND GRIEVANCE

All members have the opportunity to appeal and/or lodge a grievance to the relevant management levels. Further details are contained in the GA Grievance and Appeals policy document.

10. CHANGES TO THE POLICY

Changes to this policy may be submitted by GA Board, State Associations and National Sports Management Committees for review and approval by the GA Board. Once a change has been approved, the policy will be updated in the official GA policy register and on the Intranet and circulated to GA Board, State Associations and relevant SMC.

In addition, Gymnastics Australia is committed to ensuring all policies are up-to-date and reflect current practices. The latest review date is recorded at the beginning of each policy.

WAG ATTACHMENT TO NATIONAL ENTRIES POLICY – 2009

AUSTRALIAN CHAMPIONSHIPS

8 weeks prior to event	Provisional Entries	Numbers due (6th May 2009)
4 weeks prior to event	Definitive Entries	All names due (3rd June 2009) including reserves
2 weeks prior to competition	Qualification Scores due	(17th June 2009)

Team Size:

In Levels 7 and 8 each State will be entitled to a maximum of 6 athletes per team and may name up to 4 reserves per level at the time of Definitive Entries. Accreditations will be issued for a maximum of 2 reserves per level.

In Levels 9 and 10 and International Levels 6 and 8 each State will be entitled to a team of 6 athletes per team and may name all qualified athletes per level at the time of Definitive Entries.

In International Level 10 and Senior and Junior International there is no limit to the number of gymnasts who may be entered

Provisional Entries:

States must provide the estimated numbers that will be participating in each division at the Australian Championships and pay the non-refundable provisional entry fee (\$20 per athlete).

Definitive Entries:

Athletes must compete in the division in which they have been entered at the close of definitive entries.

Only reserve athletes nominated at close of Definitive Entries can replace injured or withdrawn athletes.

Final teams must be advised at the Orientation meeting

IDP Levels 6 and 8 and National Levels 9 and 10 –

Teams of 6 will accepted be from all States. Individuals may be allocated a place based on the team ranking from the previous year. The number of individual positions available will be determined by the WAG Commission and Competition Management based on the number and size of State Teams entered.

States will be advised if individuals can compete after the close of Definitive entries.

Please note: The 6 team names entered at close of Definitive Entries will be the names that appear in all documents pertaining to the event (ie. Workplans, Programs etc.) Should any athlete be replaced by a nominated reserve, the reserve athlete will simply take the place of that athlete (ie. take their number)

Qualification Scores:

All Qualification Scores and/or requirements must be provided by the indicated date. If no qualification score and/or requirements are received, entry fee will be forfeited and gymnast withdrawn.

No refunds will be provided for entered athletes who do not reach the qualification score and/or requirements by the specified date.

Qualification events must have appropriately qualified judges present and the event sanctioned by the State Association.

Qualification score and/or requirements to the event must be achieved from the previous 6 months, being from December in the previous year and must be on the appropriate competition rules.

If qualification scores and/or requirements are available at the time Definitive Entries are due then they should be provided at this time.

If Qualification Scores/ and or requirements are being provided after this time, they must be submitted on form provided in Bulletin 2.

2009 Australian Elite Championships Qualifying Scores and Specifications

International Development Program Level	D-Score & CR (Composition Requirements)	E-Score (Execution)	All Around Score	Specifications
Senior 16 years and ↑	No minimum	No minimum	46.00	<p>If Apparatus Specialist*:</p> <p>Minimum Final Score: 14.00 on UB, BB, FX</p> <p>If Vault only: Must have two different repulsion phase vaults* (If only one vault-must be 5.8 DV or ↑)*</p> <p><small>*Must apply to NTD for consideration.</small></p>
Junior 15 years and ↓	<p>Minimum D Score & Compositional Requirement:</p> <p style="text-align: center;">10.40*</p> <p>*Must be acquired by meeting apparatus CR specifications.</p>	No minimum	40.00	<p>Must have:</p> <ul style="list-style-type: none"> • V-Salto min DV 4.4 ▪ UB-Min 2.0 CR (No single salto LA twisting dismounts) (Only dismount CR not required) ▪ BB-Min 2.0 CR (Only dismount CR not required) (No single salto LA twisting dismounts) ▪ FX-2.0 CR (Only dismount CR not required)* <p><small>*Highly recommended that Juniors have a D dismount</small></p>

<p style="text-align: center;">IDP 10</p> <p style="text-align: center;">12-13-14 years old</p>	<p>Minimum D Score & Compositional Requirement:</p> <p style="text-align: center;">8.30*</p> <p>*Must be acquired by meeting apparatus CR specifications.</p>	<p style="text-align: center;">No minimum</p>	<p style="text-align: center;">36.00</p>	<p>Must have:</p> <ul style="list-style-type: none"> ▪ V-Salto min DV 3.8 ▪ UB-Min 1.0 CR (Dismount: stretched Flyaway or backward flyaway with double salto preferred) (No single salto LA twisting dismounts) ▪ BB-Min 2.0 CR (Only dismount CR not required) (Dismount: Layout salto or Double salto preferred.) (No single salto LA twisting dismounts) ▪ FX-Min 1.5 CR
<p style="text-align: center;">IDP 10</p>	<p style="text-align: center;">Vault</p>	<p style="text-align: center;">Bars</p>	<p style="text-align: center;">Beam</p>	<p style="text-align: center;">Floor</p>
<p>D-Score ></p> <p style="text-align: center;">Special Circumstances for IDP Level 10</p> <p>National Championships Qualifying requirements and scores</p> <p>*CR=Compositional Requirements</p>	<p>Minimum of 3.8</p> <ul style="list-style-type: none"> • Must be a Salto 	<p>Minimum of 1.0*</p> <p>*CR MUST HAVE:</p> <ul style="list-style-type: none"> ▪ Grip & 2.4.5 ▪ 360 LA <p><u>THEN:</u> If perform HB→LB &/or a LB→HB that is paid a D or ↑, gymnast gets +1.00 (each) for that/those CR(s)</p> <p>If perform Release move that is paid a D or ↑, gymnast gets +1.00 for that CR each</p> <p>If performs a backwards DOUBLE SALTO dismount that is paid a D or ↑, gymnast gets +1.00 for that CR</p>	<p>Minimum of 2.0*</p> <p>*CR MUST HAVE:</p> <ol style="list-style-type: none"> 1. Dance Series w/ 180° split 2. Turn 3. Acro Series with Salto 4. Acro Forward/Sideward & Backward <p><u>THEN:</u> If performs an Acro Series with Salto that is paid , gymnast gets +1.00 for that CR</p> <p>If performs a backwards DOUBLE SALTO dismount that is paid a D or ↑, gymnast gets +1.00 for that CR</p>	<p>Minimum of 1.5*</p> <p>*CR MUST HAVE:</p> <ol style="list-style-type: none"> 1. Two different leaps, one with 180° split 2. Acro Series with two different saltos 3. Forward/Sideward & Backward <p><u>THEN:</u> If perform any FORWARD twisting element with 1 ½ (540°) twists or MORE, performed in a two salto COMBINATION, gymnast gets +1.00 for that CR</p> <p>Each salto must have LA twist. First salto must have min180°</p> <p>ie: Front 1/1 + Front 2/1 twist ie: Back Layout ½ + Front 1 ½ twist</p> <p>If perform FINAL ACRO LINE of DOUBLE PIKE, gymnast gets +1.00 for that CR</p>

		<u>UB</u> National Direction: It is preferred that the IDP 10 gymnasts perform backwards Double Salto dismounts. Forward Double saltos only with a ½ turn. Twisting single salto dismounts are NOT the preferred direction. **If gymnast performs a D or higher dismount without a Double Salto or a forward double salto, will receive +.50 CR but will NOT receive bonus	<u>BB</u> National Direction: It is preferred that the IDP 10 gymnast works toward a Double Salto dismount. Twisting single salto dismounts are NOT the preferred direction. **If gymnast performs a D or higher dismount without a Double Salto or a forward double salto, will receive +.50 CR but will NOT receive bonus	<u>FX</u> National Direction: It is preferred that the IDP 10 gymnast works towards a Double Pike dismount **If gymnast performs a D dismount that is not a DOUBLE PIKE, will receive DV & +.50 CR, not the +1.00 ***Exception: A PAID Triple Twist or Full In Double Back gets the +1.00
IDP 8 11-12-13 years old	Minimum D Score & Compositional Requirement: 21.20* (*Minimum of 17.4 combined on UB, BB & FX + 3.80 on V) * BONUS from skills listed on IDP 8 Allowable Substitutions List only or skills submitted and assigned by NTD	24.80	46.00	Must have: ▪ V-Salto minimum DV 3.8 ▪ UB ▪ BB ▪ FX <hr/> Combined 17.4 + 3.8 (V) = 21.20*D-Score *May miss TWO .3 elements or ONE .6 element from UB, BB or FX.

<p style="text-align: center;">IDP 6</p> <p style="text-align: center;">10-11-12 years old</p>	<p>Minimum D Score & Compositional Requirement:</p> <p style="text-align: center;">23.40*</p>	25.60	49.00	<p>Must have:</p> <ul style="list-style-type: none"> ▪ V ▪ UB ▪ BB ▪ FX <hr/> <p>Combined 23.40 D-Score</p> <p><small>*May miss TWO .3 elements or ONE .6 element from UB, BB or FX.</small></p>
<p style="text-align: center;">IDP 5</p> <p style="text-align: center;">9-10-11 years old</p>	<p>Minimum D Score & Compositional Requirement:</p> <p style="text-align: center;">24.00</p> <p><small>(D score must be 6.00 on V, UB, BB & FX)</small></p>	26.00	50.00	<p>Must have:</p> <ul style="list-style-type: none"> ▪ V, UB, BB & FX-All 6.0 D-Score <p><small>*National qualifying score is for TEAM FUTURE SQUAD qualification only, <u>not</u> to qualify to attend National Club Championships</small></p>